

# MIMI HAYES

AUTHOR  
COMEDIAN  
SPEAKER



---

# ***TABLE OF AWESOME***

---

P.01 | About Mimi

---

P.02 | Mimi's Mission

---

P.03 | Mimi's Work

---

P.10 | Reviews

---

P.13 | Contact

---

# BIOGRAPHY

---



Mimi Hayes is an American comedian, speaker, and author of "I'll Be OK, It's Just a Hole in My Head." Hayes wrote the book while recovering from a brain injury at the age of twenty-two as a high school teacher. Her honest take on trauma and love followed her to the stage as a stand-up comedian and a public speaker on mental health. She adapted the book into a one-woman show which she debuted at the Edinburgh Fringe Festival in 2019. Her podcast "Mimi and The Brain," has been showcased at national podcast conventions and her work has been featured on *National Public Radio*, *WHYY the Pulse*, *HelloGiggles*, and various other publications.

---



# MIMI'S MISSION



*THE FUNNY  
BRAIN GIRL*

## MISSION & VISION

To create opportunities for brain injury survivors to laugh at life's misfortunes, foster community, and feel less alone on the long road to recovery.



### Why does Mimi think her brain injury is funny?

When Mimi had a brain hemorrhage on a blind date it certainly wasn't funny...but when you think about it at least she didn't end up literally ghosting the guy! Mimi thinks trauma is hard and our bodies process it in crazy ways. For her, she used humor and dark jokes to get through the uncertainty of brain injury.

### Why does she want other people to think it's funny?

Mimi knows how difficult having a brain injury can be, and she thinks we'd all have a little easier time with it if we just go ahead and joke about passing out on toilets and discovering that "rehab" does not mean "day spa." Mimi also thinks it REALLY weird to talk about herself in the third person.

# MIMI'S WORK

The story of an artist...with no attention span

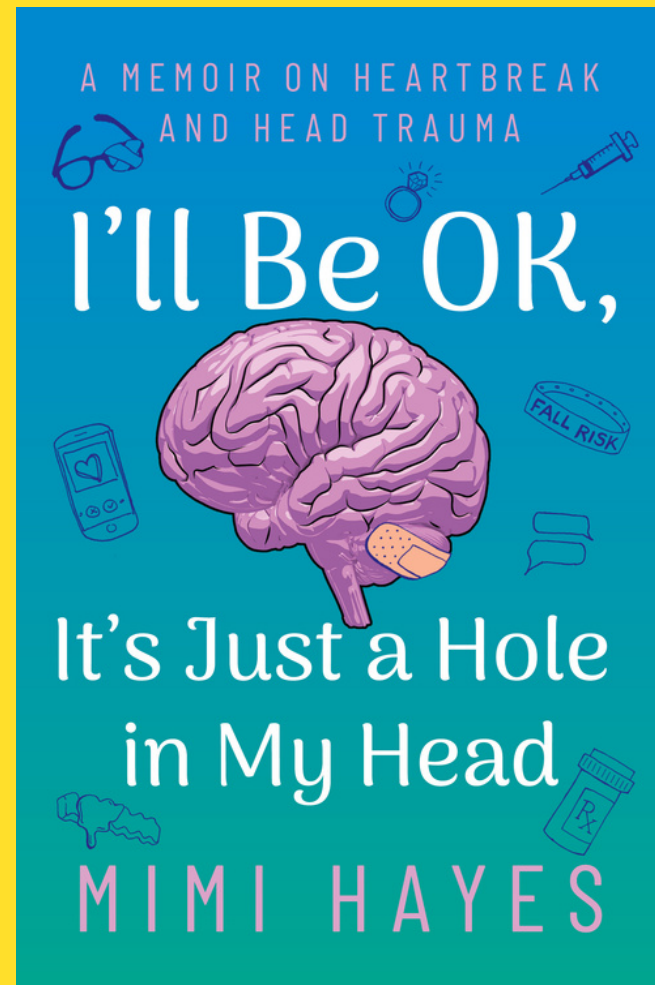


BOOK

PODCAST

ONE-  
WOMAN  
SHOW

TV SHOW



# BOOK MIMI FOR...

Mimi's first career as a high school teacher makes her not only adaptable in any setting but also a top-notch speaker and performer for even the toughest crowds. She's wicked entertaining at brain-related health conferences, rehab centers, your local comedy club, or on literally any flat surface she can find and call a stage.

## KEYNOTES

Her favorite gigs...

---

## STANDUP

Mimi did her first keynote speech at The Brain Injury of Alliance of Colorado's annual conference in 2018.

## BOOK SIGNINGS

Mimi crushes frequently at Stand Up NY, Comedy Works Denver, & The Broadway Comedy Club.

## PERFORMANCES

Mimi pitched a radio feature to a live audience at The Third Coast Podcast Conference which later landed her being featured on NPR.

## WORKSHOPS

Mimi performed her one-woman show at the Edinburgh Fringe Festival in a warehouse in the middle of Scotland (while wearing a giant foam brain costume around town).

# KEYNOTES

## WHAT ARE THEY?

Consider these like TED talks, just without the cute little red carpet. In these talks, I give a run-down of my brain story, how I made fun of it, and some of the weird science behind using humor as a coping mechanism.

## WHERE ARE THEY?

I give these talks at conferences, corporate events, brain injury facilities, and medical events that need me to "spice it up a bit."

## HOW MUCH?

It depends on the event, my travel needs, and how long I'm speaking.



*Mimi tells her audience about the worst date of all time...*

# STANDUP COMEDY

## CLUBS

**Denver Comedy Works**

**Caroline's**

**Stand Up NY**

**The Broadway Comedy Club**

**Dangerfield's**

### Mimi's Comedy Routine

Whether she's getting up in a dive bar or a sold-out club, she'll bring her A-game, all right. Her sets range from her "time in 'Nam" (a.k.a. when she was a school teacher), the wild things she saw when living in NYC, and of course — her amazing and silly brain injury!

**WATCH NOW**➤





# PODCASTS

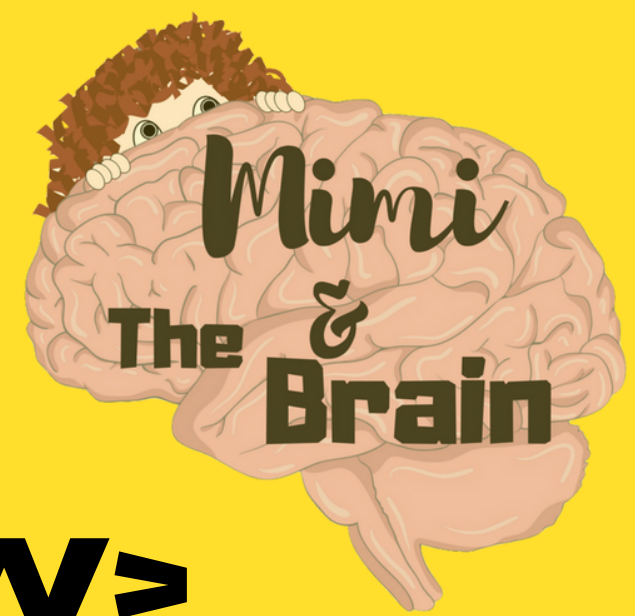


In addition to producing her own podcast "Mimi & The Brain," Mimi loves being a guest on other cool podcasts! She's also hosted a variety of live podcast recordings, which are also available for events, and loves to MC live shows (comedy or otherwise).



## About Mimi & The Brain...

Mimi & The Brain was birthed out of Mimi's intense curiosity to better understand the human mind. Having had her own brain turned upside down, she sought out neurologists and expert brain researchers on a variety of mysterious brain topics.



**[LISTEN NOW >](#)**



# BOOK SIGNINGS



## READ THE BOOK >

### *I'll Be OK, It's Just a Hole in My Head*

Mimi sells books at events (\$15) and loves to personally sign them for anyone and everyone. Upon request, they can be sold in bulk.

# ***ONE-WOMAN SHOW***

---

**TAKE A LISTEN >**

*"A captivating performance..."*

---

## **Mimi's 1-hour Solo Show**

In true Mimi-style, this show refuses to be confined to a single genre. Part stand-up, part insane characters, part tear-jerker—you'll leave feeling uplifted and ready to take on anything (but hopefully not a brain hemorrhage!)



*Mimi shows off her "PT" skills to her therapist on Day 1 of rehab...*

# MORE REVIEWS...

**"HAYES HAS A KNACK FOR  
STORYTELLING."**

**"ONE TO WATCH."**

***"ONE MOMENT, I'M LAUGHING OUT LOUD, AND  
THE NEXT I'M GENUINELY MOVED."***

**"SHE WILL NOT DISAPPOINT."**

**"UTTERLY ABSORBING."**

**"PERFORMED WITH PRECISION."**



# WORKSHOPS

## Mimi's Classes



### Writing

For those looking to write a book as she did, Mimi offers comprehensive writing coaching to help others tell their stories in meaningful ways.

### Self-Care

Survivors aren't always the best at taking care of themselves. Join Mimi for a 1-hour class tailored to helping brain injury survivors realign with their body and mind through fun and thoughtful activities.

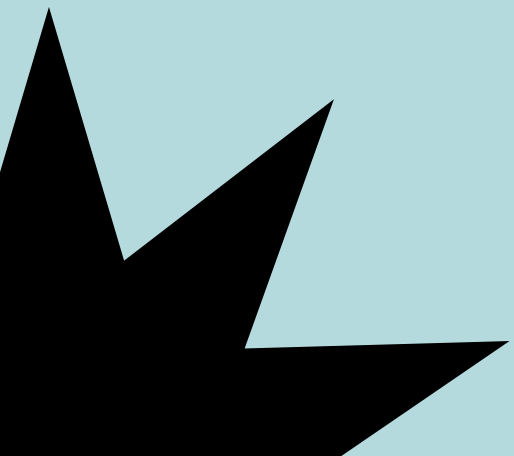
### Comedy + Performance

Whether you're just starting out with comedy, or looking for a fun new creative pursuit, Mimi offers comedy courses to adults and kids.

### Support Groups

For non-profits, brain injury groups, and educational events, Mimi offers 1-hour support group classes on a variety of topics like getting back to work, relationships, and more.

# \*MIC DROP\*





---

# HOW TO GET IN TOUCH

---

Phone Number | (720) 227-2632

Email Address | [mimihayesbrain@gmail.com](mailto:mimihayesbrain@gmail.com)

Website | [mimihayes.com](http://mimihayes.com)



# CONTACT INFORMATION

